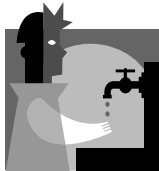


Children with the following conditions do not have to be excluded from school or out-of-home childcare if they feel well enough to participate in regular activities:

- Bronchitis
- Colds, without fever
- Cold Sores outside the mouth, without drooling
- Croup
- Cytomegalovirus (CMV) infection
- Ear Infection
- Fifth Disease
- Chronic Hepatitis B
- Chronic Hepatitis C
- HIV Infection
- Mononucleosis
- Pinworms
- Pneumonia
- Rash without a fever, not spreading
- Red eye without yellow or green discharge, fever or matting
- Respiratory Syncytial Virus (RSV) infection
- Warts

Help your child stay healthy and ready to learn.

We hope that your child never has to miss school or childcare because of illness or disease. The best protection from disease is prevention. You can help prevent many illnesses by making sure your child receives immunizations and by making sure your child washes his or her hands often.



SC DHEC / Bureau of Disease Control
Division of Acute Disease Epidemiology
1751 Calhoun Street Columbia, SC 29201
Phone: 803.898.0861 / Fax: 803.898.0897
www.scdhec.gov/health/disease/exclusion.htm

Effective July 1, 2007 — June 30, 2009

Childcare Exclusion List



This also serves as the
School Exclusion List
for
Kindergarteners
(K3, K4, K5)
and
Medically Fragile Students
in Grades 1-12

If you think that your child has an illness that can be spread to others, please keep him or her home from school or out-of-home childcare. Contact your doctor or clinic.

Revised in May 2008

Dear Parents:

Exclusion Lists indicate for which illnesses a child must be kept out of (excluded from) school or out-of-home childcare. They also indicate what notes are needed for children to return to school or childcare.

The information in this brochure applies to:

- ◇ All children in out-of home childcare,
- ◇ All students in 3, 4 and 5 year old kindergarten, and
- ◇ Medically Fragile Students 1st through 12th grades. Medically Fragile Students are those students with special healthcare needs and/or developmental delays who require close assistance with feeding or personal hygiene activities. You and your child's school, in development of your child's IEP or 504 Plan, will determine if your child is considered to be Medically Fragile.

If you have any questions about the **Childcare Exclusion List**, please contact your child's out-of-home care provider, school, or your local health department.

When should children stay home from School or Childcare?

Children should not attend school or out-of-home childcare if they have an illness that prevents them from participating comfortably in routine activities.

If your child feels too bad to go to school, please keep him home.

Children are also excluded if they have illnesses that cause them to need more care than can be given without neglecting the health and safety of other children.

Parents should contact a healthcare provider for children with any of the following :

- ◆ Fever
- ◆ Difficulty breathing
- ◆ Unusual tiredness or lack of energy
- ◆ Severe irritability and/or persistent crying (signs of illness in young children)
- ◆ Rapidly spreading rash
- ◆ Severe abdominal pain (over 2 hours) or stomach pain off and on with fever or diarrhea.

Does my child need to stay home when he has a mild cold?

Mild illnesses such as colds are very common among children. Most children with mild colds who have no fever and who feel well enough to go to school or childcare do not need to stay home. Most colds are spread in the 1-3 days before children show symptoms such as a runny nose or slight cough.

How long will my child need to stay home if she is sick?

- ◆ The inside of this brochure explains how long children should stay home after they become ill with excludable conditions.
- ◆ Sometimes children will also have to remain home if they are exposed to some diseases — your school or DHEC will discuss this exclusion with you.

What does my child need to come back to school?

The list inside this brochure shows whether or **Medical Note** or **Parent Note** is required to return to school or out-of-home childcare after an exclusion for illness.

If your child has one of the conditions or illnesses listed below, please keep him or her home from school or out-of-home childcare. Call your school or child care provider to let them know why your child is absent. Send the appropriate note when your child returns to school or out-of-home child care.

Chicken Pox / Varicella

Children with chicken pox may return with a **Parent Note** once all of the sores and blisters are dried/scabbed over.

Cold Sores

Children with mouth sores who also drool should stay home until their health care provider says that the sores are not contagious. A **Medical Note** is required to return.

Diarrhea

- ◆ Keep your child home if he or she has had 3 or more loose stools in 24 hours, unless the diarrhea is known to be from a non-contagious condition, or if the diarrhea continues after the child completes antibiotics for a diarrhea-causing illness.
- ◆ Your child can return with a **Parent Note** when the diarrhea has stopped.
- ◆ Your child must have a **Medical Note** to return to school or out-of-home childcare after having diarrhea that contains blood or mucus.

Diarrhea from *E. Coli*, *Giardia*, *Salmonella* or *Shigella*:

- A **Medical Note** is required. Your child may return:
- ◆ *E. coli*: After diarrhea stops and two stool cultures are negative.
 - ◆ *Giardia*: When the diarrhea stops.
 - ◆ *Salmonella typhi*:
 - ◇ Under age 5 — When diarrhea stops and three stool cultures are negative.
 - ◇ Age 5 or older — After 24 hours without diarrhea.
 - ◆ Other types of *Salmonella*: After diarrhea stops.
 - ◆ *Shigella*: After the diarrhea stops AND (a) all prescribed antibiotics are taken or (b) there is a negative stool culture.

Childcare Exclusion List: A Quick Reference for Parents

Fever

- ◆ **Infants under 4 months old:** Keep home for rectal temperature (taken in the bottom) 101 or higher.
- ◆ **Children over 4 months old:** Keep your child home for a fever 101 degrees or higher by mouth, 100 degrees or higher if taken under the arm, or 102 degrees or higher if taken in the bottom.
- ◆ Children can return with a **Parent Note** when the fever is gone.

Fever with Rash , Behavior Change or other Symptoms

Take your child to a doctor or clinic for any fever if he or she also has a rash, change in behavior, earache, vomiting confusion, sore throat or irritability A **Medical Note** is required to return.

German Measles / Rubella / 3 Day Measles

Keep your child home until 7 days after rash starts. He can return with a **Medical Note**.

Head Lice

Children in childcare, kindergarteners and medically fragile students with head lice should be sent home as soon as head lice are discovered. Your child may return with a **Parent Note** after her first treatment with a school-approved lice-removal product. Your child’s school can recommend options for head lice treatment.

Hepatitis A / Yellow Jaundice

Children with acute infectious hepatitis may return with a **Medical Note** 1 week after the start of the jaundice.

Impetigo

If your child has honey-colored crusty sores that cannot be covered, he or she should remain home until 48 hours after starting antibiotics, as long as the sores have stopped oozing and are starting to get smaller. Your child will need a **Medical Note** to return.

Measles / Red Measles / 10 Day Measles

Children with measles can return with a **Medical Note** 4 days after the rash begins, if they have no fever and feel well enough to participate in regular activities.

Mouth Sores inside the mouth

Children with mouth sores inside the mouth who also drool should be kept home until a healthcare provider writes a **Medical Note** that says they are not contagious. *Note:* Children with cold sores outside of their mouths do not require exclusion.

Mumps

Children with mumps can return with a **Medical Note** 5 days after the beginning of swelling.

Pink-eye / Conjunctivitis

- ◆ Children whose eyes are red or pink, and who have eye pain and reddened eyelids, with white or yellow eye discharge or eyelids matted after sleep may have **Purulent Conjunctivitis**. They should not be in school or childcare until they have been examined and treated. A **Medical Note** is required to return.
- ◆ Children with pink eyes who have a clear drainage and no fever, no eye pain, or eyelid redness do not need to be kept home.

Rash

Take your child to a doctor if he or she has a rapidly spreading rash or a rash with fever or behavior change. A **Medical Note** is required to return.

Ringworm

- ◆ Children with **ringworm of the scalp** must remain out of childcare or school until they have begun treatment with a prescription oral antifungal medication. Your child may return with a **Medical Note**.
- ◆ Children with **ringworm of the body** may return with a **Parent Note** once they have begun oral or topical antifungal treatment, unless the affected area can be completely covered by clothing.
- ◆ Children with ringworm should not participate in close contact PE or sports activities.

Scabies

Children with scabies should be out of school until treatment/medication has been applied. A **Medical Note** is required to return.

Shingles

Keep children home who have shingles lesions/sores/blisters that cannot be covered. Your child may return with a **Parent Note** once the lesions are dried/scabbed.

Staph or Strep Skin Infections (includes MRSA)

- ◆ A child with draining lesions that cannot be covered, or with sores that ooze through and soak dressings, should remain home until the draining stops AND the child has been on antibiotics for 48 hours.
- ◆ Children with *Staph* or *Strep* skin infections that are not draining should remain home until the sores are

showing signs of healing (getting smaller.) If antibiotics are prescribed, they must be taken for 48 hours before returning to childcare.

- ◆ Children with oozing or draining sores may not participate in close contact activities or sports.

“Strep Throat” / Streptococcal Pharyngitis

Your child with “Strep throat” can return to school with a **Medical Note** 24 hours after starting antibiotics if there is no fever.

Tuberculosis (TB)

A child with TB should be kept home until the doctor treating the TB writes a Medical Note that says that the child is no longer contagious.

Vomiting

If your child has thrown up 2 or more times in the past 24 hours, keep him or her out of school the next day, unless the vomiting is known to be caused by a condition that is not contagious. Take your child to your doctor or clinic if the vomiting makes him or her dehydrated. Your child may return with a **Parent Note**.

Whooping Cough / Pertussis

Children with whooping cough can return to school with a **Medical Note** after completing 5 days of prescribed antibiotics, unless directed otherwise by DHEC or your school nurse.

When Your Child is Exposed to Serious Illnesses

DHEC and your school/childcare may recommend that your child be excluded from attendance when he or she is exposed to certain diseases, including *Haemophilus influenzae type B*, *Neisseria meningitidis*, or **Whooping Cough / Pertussis**. DHEC may also recommend antibiotics for close contacts to these diseases.

Children who have not had all recommended immunizations and children who have immune system problems will be excluded from attending school or out-of-home childcare if they are exposed to **Measles, Mumps, Rubella, Chicken Pox**, or other conditions identified by DHEC. DHEC will work with your school or childcare provider to identify what immunizations are needed to return.